



MARIO COSSA, MA, RDT/MT, TEP, CAWT
Psychodramatist, Drama Therapist, Theatre Educator

Director: Motivational Arts Unlimited

(The Programs of PT Motivational Arts Consultants)

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EDUCATION

- 1990 ANTIOCH/NE GRADUATE SCHOOL, Keene, NH, USA
MA Counseling Psychology
- 1974 GODDARD COLLEGE, Plainfield, VT, USA
MA Secondary Education
- 1964 MANHATTAN COLLEGE, Riverdale, NY, USA
BS Biology/Psychology

CERTIFICATIONS

- 2006 THERAPEUTIC SPIRAL INTERNATIONAL
**Trainer in the Therapeutic Spiral Model(TSM™)
for the Safe Use of Psychodrama with Survivors of Trauma.**
- 2006 COMMUNITY MATTERS, Santa Rosa, CA, USA
**Master Trainer and Trainer of Trainers, Safe School Ambassadors®,
An Anti-Bullying, Youth Empowerment Program.**
- 2004 ACCREDITED TRAINING INSTITUTE, Melbourne, Australia
Certificate IV in Assessment and Workplace Training (CAWT).
- 2000 AMERICAN BOARD OF EXAMINERS IN PSYCHODRAMA,
SOCIOMETRY AND GROUP PSYCHOTHERAPY (ABE)
Trainer, Educator, Practitioner (TEP).
- 1999 NORTH AMERICAN DRAMA THERAPY ASSOCIATION (NADTA)
Registered Drama Therapist/Master Teacher (RDT/MT)
- 1997 – 2001 CERTIFICATION BOARDS PASSED
For various **Prevention Curricula**, to be a USA-based **Trainer: Be Proud!
Be Responsible!; Making a Difference!; Making Proud Choices!; Reducing
the Risk (HIV Prevention); Second Step (Violence Prevention); and Life
Skills Training (Substance Abuse Prevention).**
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WORK IN ASIA, Planned and Completed

2015 - present MOTIVATIONAL ARTS UNLIMITED,
the Programs of PT Motivational Arts Consultants, Kuta, Bali, Indonesia
Founder, Director, and Principal Trainer.

April, 2016 INTEGRATED CLINICAL FACULTY OF PSYCHOLOGY,
UNIVERSITY OF INDONESIA, JAKARTA
Introduction to Psychodrama and Sociometry for Professionals.
a one-day training to initiate psychodrama training, Jakarta, Indonesia

January, 2016 (Co-Sponsored by) CAMPUHAN COLLEGE, VALUES INSTITUTE,
WORLD INTERFAITH HARMONY WEEK, & THE ASIA FOUNDATION
Training for Indonesian Youth Workers in Using Motivational Arts.
a two-day training, Ubud, Bali, Indonesia.

August, 2015 INTERNATIONAL ASSOCIATION FOR SOULDRAMA
Introduction to Psychodrama. a two-day training for 22 participants
in the Association's 7th annual retreat.

February, 2015 INSTITUTE FOR BIBLIODRAMA & DRAMA THERAPY
Using Action Methods with Youth.
a three-day training for 54 participants, Seoul, Korea.
Special Advisor to the programs of the Institute.

(Interest in psychodrama training has been expressed by the Faculties of Psychology at **Ganesha University**, in Singaraja, Bali, and at **Diponegoro University**, in Semarang, Central Java..)

OTHER PROFESSIONAL EXPERIENCE (most recent)

2012 – present SAN FRANCISCO BAY AREA TRIAL LAWYERS' GROUP, CA, USA
Facilitator/Trainer of Psychodrama Group
for Personal Growth and Trial Skills Practice in Action.

2006 - present COMMUNITY MATTERS, Santa Rosa, CA, USA
Master Trainer and Trainer of Trainers, Safe School Ambassadors
Anti-Bullying and Youth Empowerment Program.

2012 – 2014 CALIFORNIA INSTITUTE OF INTEGRAL STUDIES, San Francisco
Adjunct Faculty, Department of Drama Therapy.

2009 - 2014 BAY AREA MORENO INSTITUTE, Berkeley, CA, USA
Co-Founder, Psychodrama Trainer.

2012 – 2013 SAN FRANCISCO OFFICE OF THE PUBLIC DEFENDER, CA, USA
Consultant to Trial Practice Groups.

1989 - 2003 MONADNOCK FAMILY SERVICES, Keene, NH, USA
Creator/Director – ACTINGOUT Program, offering expressive arts
group therapy, issue-oriented theatre training and performance.

OTHER PROFESSIONAL EXPERIENCE (Continued)

1993 - 1989 ANTIOCH/NE GRADUATE SCHOOL, Keene, NH, USA
Adjunct Faculty in Department of Applied Psychology.

PROFESSIONAL AFFILIATIONS

1997 - present FELLOW, **AMERICAN SOCIETY for GROUP
 PSYCHOTHERAPY and PSYCHODRAMA (ASGPP)**

1992 – present PROFESSIONAL MEMBER, **NORTH AMERICAN DRAMA
 THERAPY ASSOCIATION (NADTA)**

2011 - 2013 MEMBER, **AMERICAN BOARD of EXAMINERS in
 PSYCHODRAMA, SOCIOMETRY, and GROUP PSYCHOTHERAPY**

1998 – 2003 MEMBER, EXECUTIVE COUNCIL, **AMERICAN SOCIETY for
 GROUP PSYCHOTHERAPY and PSYCHODRAMA**

COMMUNITY SERVICE AND RECOGNITIONS

2009 **AMERICAN SOCIETY for GROUP PSYCHOTHERAPY and
 PSYCHODRAMA, ANNUAL CONFERENCE. Recipient/Neil
 Passiarelo Memorial Workshop Presenter: *The “H” in “HIV”
 is for Human.***

1999 - 2003 **SUPERVISORY ADMINISTRATIVE UNION 29, Keene, NH, USA
 Member, Safe and Drug-Free Schools and Communities Advisory
 Council.**

1997 **GRANITE STATE AIDS CONSORTIUM, NH, USA
 Recipient/Red Ribbon Award for HIV Education.**

1990 **BIG BROTHERS/BIG SISTERS of the MONADNOCK REGION,
 Keene, NH, USA. Recipient/Service to Youth Award.**

RECENT CONFERENCE PRESENTATIONS (sampling)

2014 **BRITISH PSYCHODRAMA ASSOCIATION ANNUAL CONFERENCE,
 London, England. *The Masks We Wear ... The Faces We Put On:
 Using Images of Indonesian Masks to Stimulate Exploration.***

2008 **AMERICAN SOCIETY for GROUP PSYCHOTHERAPY and
 PSYCHODRAMA ANNUAL CONFERENCE, San Antonio, TX, USA
*The Whole of Humankind: Exploring Cultural Competence.***

RECENT CONFERENCE PRESENTATIONS (Continued)

- 2006 INTERNATIONAL CONFERENCE: **HIGHER EDUCATION – A MATTER OF HEART**, Monash University, Kuala Lumpur, Malaysia. **Reflective Theatre Facilitator**, for Plenary and Morning, All-Conference Sessions.
- 2006 GIVING LIFE – **THE INTERNATIONAL MOREIAN PSYCHODRAMA CONFERENCE**, Melbourne, Australia. **Befriending Your Amygdala: Exploring the Neurobiology of Trauma and Issues of Self-Care for Professionals.**
- 2005 **AUSTRALIA/NEW ZEALAND PSYCHODRAMA ASSOCIATION ANNUAL CONFERENCE**, Brisbane, Australia. **Resourcing Your Inner Adolescent.**

PUBLICATIONS

- 2010 Cossa, M., **HIV: Action Approaches to an On-Going Global Crisis.** Leveton, E. (Ed.). *Healing Collective Trauma Using Sociodrama and Drama Therapy.* New York: Springer Publishing Company. pp 81-101.
- 2007 Burden, K. and Cossa, M., **ACTINGOUT: An Interactive Youth Drama Group.** Blatner, A. (Ed.). *Interactive and Improvisational Drama.* New York: iUniverse, Inc. pp 260-270.
- 2006 Cossa, M., *How Rude! Using Sociodrama in the Investigation of Bullying and Harassing Behavior and in Teaching Civility in Educational Communities,* **Journal of Group Psychotherapy, Psychodrama & Sociometry**, Volume 58, No. 4, pp 182-194.
- 2006 Cossa, M., **Rebels with a Cause: Working with Adolescents Using Action Techniques.** London: Jessica Kingsley Publishers.
- 2003 Cossa, M., **Taming Puberty: Utilizing Psychodrama, Sociodrama, and Sociometry with Adolescent Groups.** Gershoni, J. (Ed.). *Psychodrama in the 21st Century.* New York: Springer Publishing Company. pp 135-150
- 2002 Cossa, M., **Drago-Drama: Archetypal Sociodrama with Adolescents** Bannister, A. & Huntington, A. (Eds.). *Communicating with Children and Adolescents.* London: Jessica Kingsley Publishers. pp139-152.
- 1996 Cossa, M., Ember, S., Glass, L., & Hazelwood, J., **Acting Out: The Workbook – A Guide to the Development and Presentation of Issue-Oriented, Audience-Interactive, Improvisational Theatre.** Washington, D.C.: Taylor & Francis.

REFERENCES

Kate Hudgins, Ph.D., T.E.P.

Director of Training

Therapeutic Spiral International

Charlottesville, VA, USA

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